



# 2024 Contribution Limits

## 2024 Health Saving Account (HSA) Contribution Limits

Keep in mind, the maximum amount you and Conga together can contribute to your HSA is determined by annual limits that the IRS sets. In 2024, the total contribution limits are:

Coverage Level	2024 Contribution Limit	Conga contributes...	...so you can contribute up to
Individual coverage	\$4,150	\$500	\$3,650
Family coverage	\$8,300	\$1,000	\$7,300

\* If you're age 55 or older, you can contribute an additional \$1,000 on top of this amount.

## 2024 Flexible Spending Account (FSA) Contribution Limits

Coverage	2024 Contribution Limit
Health Care FSA	\$3,200
Dependent Care FSA	Up to \$5,000 if you're married and filing jointly or up to \$2,500 if you're single or married and filing separately.
Limited Purpose FSA	\$3,200
Carryover (Unused money that may be carried over to the next year)	\$640
Commuter Benefits	\$315/month